



# Preventative Health Forum

Presented by: African American AIDS Awareness Action Alliance (A<sup>6</sup>) & Albina Ministerial Alliance

## Featuring:

- A panel of experts
- Light refreshments
- Health Cards to improve your doctor's visits
- Free HIV screenings by Cascade AIDS Project 

**Saturday, Jan 19, 2018**  
**10:00 AM—1:00 PM**  
**St. Johns All Nations**  
**Church of God in Christ**  
**9486 N Buchanan Ave.**  
**Portland, OR 97203**

This monthly series focuses on health topics that the Black/African American community is more likely to encounter – including info on how to increase positive outcomes, and advocate for services

## January's Topics:

**Mental Health experiences and systems navigation with a special focus on:**

- **Men's experiences**
- **HIV & mental health**
- **Post-Partum Depression**

**FREE & OPEN TO ALL**

Sponsored by:  
